



# Substance Use, Addiction, and Recovery:

Exploring Patterns and Perspectives Among American Muslims

## Appendix I ————— Interview Guide

# Substance Use in the American Muslim Community

## Interviews conducted by members of the Stanford Muslim Mental Health and Islamic Psychology Lab, 2023-2024

### Participant Semi-structured Interview Guide

#### Interviewee Background:

1. Briefly tell us about yourself.
2. What is your definition of substance use and addiction?
3. What do you know about substance use and addiction?
  - a. What do you wish more people knew about addiction and/or substance use?

#### Substance Use:

1. Which substances did you use in the past?
2. How did you start using substances?
  - a. Why did you start using substances?

#### Resources used:

1. How did you stop using substances?
  - a. When did you know that you needed to look for resources?
2. How did you decide which resources to use?
3. How effective were the resources that you found?
  - a. What about them made them effective?
  - b. What about them made them ineffective?
4. Did your family support you in recovering from addiction? If so, how did your family support you in recovering from addiction?
  - a. What was most helpful from your family?
  - b. What was least helpful from your family?

#### Resources wished for:

1. What types of resources did you not find that would have helped you?
  - a. How would these resources have helped you?
2. Did the Muslim community support you in recovering from addiction?
  - a. **IF YES:** How did they support you?
  - b. **IF NO:** How could they have supported you better? What was missing in their support?

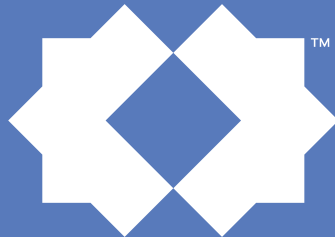
#### Anything else::

1. Is there anything else you would like to share with us about supporting Muslims dealing with addiction?

# Substance Use Service Organizations in the Muslim American Community Interviews conducted by members of the Stanford Muslim Mental Health and Islamic Psychology Lab, 2023-2024

## Case Report Semi-structured Interview Guide

1. What is the name of your organization?
2. What is the mission of your organization?
  - a. How did you come up with your mission?
  - b. Who came up with the mission?
3. What spurred you to start your organization?
  - a. What problem did you see in your community that you were responding to?
  - b. What research or other forms of information (clinical experiences, community anecdotes, etc.) did you look to in order to build your organization?
  - c. How were you addressing a need in the community that was unaddressed by other current efforts?
4. What does your organization do?
  - a. Is it effective? How? Using which measures?
  - b. Please describe the model of your organization.
5. What challenges did you face in starting your organization?
  - a. What challenges do you still face today?
  - b. Why do you feel these challenges exist?
  - c. Were these challenges primarily financial, cultural, religious, social, or something else?
  - d. How did you overcome your challenges? What partners did you work with to overcome your challenges? What resources did you utilize?
6. What impact has your organization had on the communities you serve? Can you share an illustrative example?
  - a. Are people happy that your organization exists?
  - b. Are people happy about the services that you provide?
  - c. How have you sought to understand the community's response to your organization, if at all?
  - d. What role does the community play in your efforts?
7. Where do you still see room for growth in your organization?
  - a. What could be done better?
  - b. What is not being done but should be?
8. Do you work with community partners, if any?
  - a. How do you know which organizations or individuals to partner with?
  - b. What sort of expertise or experiences do others bring, if any?
9. Where do you still see the need for additional resources like yours or related to yours?
  - a. What other niches need to be filled? Is anyone filling them yet? Why not you?
  - b. What advice would you give those who are hoping to replicate your work?
  - c. What support and additional resources do you need to keep and grow your organization?



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RESEARCH MAKING AN IMPACT

## About the Institute for Social Policy and Understanding (ISPU)

ISPU provides objective research and education about American Muslims to support well-informed dialogue and decision-making. Since 2002, ISPU has been at the forefront of discovering trends and opportunities that impact American Muslim communities. Our research aims to educate the general public and enable community change agents, the media, and policymakers to make evidence-based decisions. In addition to building in-house capacity, ISPU has assembled leading experts across multiple disciplines, building a solid reputation as a trusted source for information for and about American Muslims.

**For more information, please visit: [www.ISPU.org](http://www.ISPU.org).**

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